

## NEW IMPROVEMENT OF HEINZ INEQUALITIES FOR MATRICES

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**Abstract.** In this paper we mainly discuss Heinz inequalities involving unitarily invariant norms. By using the Hermite-Hadamard inequality, we get some refinements of the Heinz inequalities, thus new improvements of Heinz Inequalities for matrices are obtained. Our results are different from those of [7, 1, 3, 6, 8].

**Keywords:** refinements, Heinz inequality, convex function, Hermite-Hadamard inequality, unitarily invariant norm.

### 1. Introduction

On a complex separable Hilbert space, let  $A$  and  $B$  are positive operations,  $X$  is an operator, then the function

$$f(v) = \left\| \left\| A^v X B^{1-v} + A^{1-v} X B^v \right\| \right\|,$$

where  $\left\| \cdot \right\|$  denotes unitarily invariant norm, is convex on the interval  $[0, 1]$ .  $f(v)$  get its minimum at  $v = \frac{1}{2}$ , and gets its maximum at  $v = 0$  and  $v = 1$ . Moreover,  $f(v) = f(1 - v)$  for  $0 \leq v \leq 1$ . Thus, from [4] we know that the Heinz inequalities are valid

$$(1.1) \quad 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \leq \left\| \left\| A^v X B^{1-v} + A^{1-v} X B^v \right\| \right\| \leq \left\| \left\| AX + XB \right\| \right\|.$$

The convexity of the function

$$f(v) = \left\| \left\| A^v X B^{1-v} + A^{1-v} X B^v \right\| \right\|$$

on  $[0, 1]$  is obvious.

Similar to the methods of [5] we begin our main results.

## 2. Main results

A real-valued function  $f$  on the interval  $[a, b]$  is convex, if

$$f\left(\frac{x+y}{2}\right) \leq \frac{f(x)+f(y)}{2},$$

where  $x, y \in [a, b]$ .

Let  $f$  be a convex real-valued function on the interval  $[a, b]$ , then the Hermite-Hadamard integral inequality [2] is

$$f\left(\frac{a+b}{2}\right) \leq \frac{1}{b-a} \int_a^b f(t)dt \leq \frac{f(a)+f(b)}{2}.$$

In [5], Kittaneh gave several refinements of the Heinz inequalities by using the Hermite-Hadamard integral inequality. Feng improved the results of [5] in the paper [3]. Wang [6] also improved the results of Kittaneh. In [8], Yan and Feng refined Kittaneh again. Abbas and Mourad [1] used a parameter to generalize the results of [3, 6, 8]. Xue [7] also generalized the results and gave a formula shown as follows,

$$\begin{aligned} f\left(\frac{a+b}{2}\right) &\leq \frac{1}{b-a} \int_a^b f(t)dt \\ &\leq \frac{1}{2n} \left( (n-1)f(a) + 2f\left(\frac{a+b}{2}\right) + (n-1)f(b) \right) \\ &\leq \frac{f(a)+f(b)}{2}, \end{aligned}$$

where  $n \geq 2$  is an integer. It is easy to know that results of [7] is more general than of [1]. Other kinds of improvement of Heinz Inequality can be seen, for example, see [9].

In this paper, we give other refinements of Heinz inequalities for matrices which are different from [5, 3, 6, 8, 7]. We will use the following lemma to obtain several better improved Heinz inequalities.

Let's first give a lemma.

**Lemma 1.** *If  $f$  is a convex real-valued function on the interval  $[a, b]$ , then*

$$\begin{aligned} f\left(\frac{a+b}{2}\right) &\leq \frac{1}{12} \left( f(a) + 10f\left(\frac{a+b}{2}\right) + f(b) \right) \\ &\leq \frac{1}{4} \left( f(a) + 2f\left(\frac{a+b}{2}\right) + f(b) \right) \\ &\leq \frac{f(a)+f(b)}{2}. \end{aligned}$$

**Proof.** From the Hermite-Hadamard integral inequality we know

$$2f\left(\frac{a+b}{2}\right) \leq f(a) + f(b).$$

So

$$12f\left(\frac{a+b}{2}\right) \leq f(a) + 10f\left(\frac{a+b}{2}\right) + f(b).$$

Thus

$$f\left(\frac{a+b}{2}\right) \leq \frac{1}{12}\left(f(a) + 10f\left(\frac{a+b}{2}\right) + f(b)\right).$$

Next, the following inequality will be proved.

$$\frac{1}{12}\left(f(a) + 10f\left(\frac{a+b}{2}\right) + f(b)\right) \leq \frac{1}{4}\left(f(a) + 2f\left(\frac{a+b}{2}\right) + f(b)\right).$$

From

$$2f\left(\frac{a+b}{2}\right) \leq f(a) + f(b),$$

we conclude that

$$f(a) + 10f\left(\frac{a+b}{2}\right) + f(b) \leq 3f(a) + 6f\left(\frac{a+b}{2}\right) + 3f(b).$$

And so

$$\frac{1}{12}\left(f(a) + 10f\left(\frac{a+b}{2}\right) + f(b)\right) \leq \frac{1}{4}\left(f(a) + 2f\left(\frac{a+b}{2}\right) + f(b)\right).$$

From

$$f(a) + 2f\left(\frac{a+b}{2}\right) + f(b) \leq 2f(a) + 2f(b)$$

we get that

$$\frac{1}{4}\left(f(a) + 2f\left(\frac{a+b}{2}\right) + f(b)\right) \leq \frac{f(a) + f(b)}{2}.$$

So, we finish the proof.  $\square$

Set  $f(v) = \left\| \left\| A^v X B^{1-v} + A^{1-v} X B^v \right\| \right\|$ , then the following theorems can be obtained.

**Theorem 1.** *Let  $A, B$  be positive operators,  $X$  be an operator, then for  $0 \leq \mu \leq 1$ , we obtain*

$$\begin{aligned} (2.1) \quad & 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \\ & \leq \frac{1}{6} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 5 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ & \leq \frac{1}{2} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ & \leq \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\|. \end{aligned}$$

**Proof.** Applying the previous lemma on  $f(v)$  on the interval  $[\mu, 1 - \mu]$  when  $0 \leq \mu \leq \frac{1}{2}$ , then

$$\begin{aligned} f\left(\frac{1-\mu+\mu}{2}\right) &\leq \frac{1}{12} \left( f(\mu) + 10f\left(\frac{1-\mu+\mu}{2}\right) + f(1-\mu) \right) \\ &\leq \frac{1}{4} \left( f(\mu) + 2f\left(\frac{1-\mu+\mu}{2}\right) + f(1-\mu) \right) \\ &\leq \frac{f(\mu) + f(1-\mu)}{2}, \end{aligned}$$

and thus

$$f\left(\frac{1}{2}\right) \leq \frac{1}{6} \left( f(\mu) + 5f\left(\frac{1}{2}\right) \right) \leq \frac{1}{2} \left( f(\mu) + f\left(\frac{1}{2}\right) \right) \leq f(\mu).$$

So,

$$\begin{aligned} (2.2) \quad 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| &\leq \frac{1}{6} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 5 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ &\leq \frac{1}{2} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ &\leq \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\|. \end{aligned}$$

Applying the previous lemma on  $f(v)$  on the interval  $[1 - \mu, \mu]$  when  $\frac{1}{2} \leq \mu \leq 1$ , then

$$\begin{aligned} (2.3) \quad 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| &\leq \frac{1}{6} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 5 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ &\leq \frac{1}{2} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\ &\leq \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\|. \end{aligned}$$

By combining (2.2) and (2.3) we obtain (2.1).  $\square$

**Theorem 2.** Let  $A, B$  are positive operators,  $X$  be an operator, then for  $0 \leq \mu \leq 1$ , we have

$$\begin{aligned} (2.4) \quad &\left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| \leq \frac{1}{12} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right. \\ &+ 10 \left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \left. \right) \\ &\leq \frac{1}{4} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right. \\ &+ 2 \left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \left. \right) \\ &\leq \frac{1}{2} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right). \end{aligned}$$

**Proof.** Applying the lemma to the function  $f(v)$  on  $[\mu, \frac{1}{2}]$ , where  $0 \leq \mu \leq \frac{1}{2}$ , and on the  $[\frac{1}{2}, \mu]$ , where  $\frac{1}{2} \leq \mu \leq 1$ , respectively, we can finish the proof.  $\square$

From (2.4) and the first part of (1.1) we obtain the refinement of first part of (1.1).

**Corollary 1.** *Let  $A, B$  be positive operators,  $X$  be an operator, then for  $0 \leq \mu \leq 1$ , we get*

$$\begin{aligned}
(2.5) \quad & 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \leq \left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| \\
& \leq \frac{1}{12} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right. \\
& \quad \left. + 10 \left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\
& \leq \frac{1}{4} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right. \\
& \quad \left. + 2 \left\| \left\| A^{\frac{2\mu+1}{4}} X B^{\frac{3-2\mu}{4}} + A^{\frac{3-2\mu}{4}} X B^{\frac{2\mu+1}{4}} \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\
& \leq \frac{1}{2} \left( \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| + 2 \left\| \left\| A^{\frac{1}{2}} X B^{\frac{1}{2}} \right\| \right\| \right) \\
& \leq \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\|.
\end{aligned}$$

Applying the lemma to  $f(v)$  on  $[0, \mu]$ , where  $0 \leq \mu \leq \frac{1}{2}$ , and  $[\mu, 1]$ , where  $\frac{1}{2} \leq \mu \leq 1$ , respectively, we get the following theorem.

**Theorem 3.** *Let  $A, B$  be positive operators,  $X$  be an operator, then*

(1) *for  $0 \leq \mu \leq \frac{1}{2}$ , we have*

$$\begin{aligned}
(2.6) \quad & \left\| \left\| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right\| \right\| \\
& \leq \frac{1}{12} \left( \left\| \left\| AX + XB \right\| \right\| + 10 \left\| \left\| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right\| \right\| \right. \\
& \quad \left. + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right) \\
& \leq \frac{1}{4} \left( \left\| \left\| AX + XB \right\| \right\| + 2 \left\| \left\| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right\| \right\| \right. \\
& \quad \left. + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right) \\
& \leq \frac{1}{2} \left( \left\| \left\| AX + XB \right\| \right\| + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right).
\end{aligned}$$

(2) *for  $\frac{1}{2} \leq \mu \leq 1$ , we have*

$$\begin{aligned}
(2.7) \quad & \left\| \left\| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right\| \right\| \\
& \leq \frac{1}{12} \left( \left\| \left\| AX + XB \right\| \right\| + 10 \left\| \left\| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right\| \right\| \right. \\
& \quad \left. + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right) \\
& \leq \frac{1}{4} \left( \left\| \left\| AX + XB \right\| \right\| + 2 \left\| \left\| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right\| \right\| \right. \\
& \quad \left. + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right) \\
& \leq \frac{1}{2} \left( \left\| \left\| AX + XB \right\| \right\| + \left\| \left\| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right\| \right\| \right).
\end{aligned}$$

Because on the interval  $[0, \frac{1}{2}]$ , the function  $f(v)$  is decreasing and on the interval  $[\frac{1}{2}, 1]$ , it is increasing, then by using the inequalities (2.6) and (2.7), we get the refinement of the second inequality in (1.1).

**Corollary 2.** *Let  $A, B$  are positive operators,  $X$  be an operator, then for  $0 \leq \mu \leq 1$ , we have*

(1) *for  $0 \leq \mu \leq \frac{1}{2}$  and for every unitarily norm,*

$$\begin{aligned}
& \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
& \leq \left| \left| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right| \right| \\
& \leq \frac{1}{12} \left( \left| \left| AX + XB \right| \right| + 10 \left| \left| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right| \right| \right) \\
& \quad + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
(2.8) \quad & \leq \frac{1}{4} \left( \left| \left| AX + XB \right| \right| + 2 \left| \left| A^{\frac{\mu}{2}} X B^{1-\frac{\mu}{2}} + A^{1-\frac{\mu}{2}} X B^{\frac{\mu}{2}} \right| \right| \right) \\
& \quad + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
& \leq \frac{1}{2} \left( \left| \left| AX + XB \right| \right| + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \right) \\
& \leq \left| \left| AX + XB \right| \right|.
\end{aligned}$$

(2) *for  $\frac{1}{2} \leq \mu \leq 1$ ,*

$$\begin{aligned}
& \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
& \leq \left| \left| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right| \right| \\
& \leq \frac{1}{12} \left( \left| \left| AX + XB \right| \right| + 10 \left| \left| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right| \right| \right) \\
(2.9) \quad & \quad + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
& \leq \frac{1}{4} \left( \left| \left| AX + XB \right| \right| + 2 \left| \left| A^{\frac{1+\mu}{2}} X B^{\frac{1-\mu}{2}} + A^{\frac{1-\mu}{2}} X B^{\frac{1+\mu}{2}} \right| \right| \right) \\
& \quad + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \\
& \leq \frac{1}{2} \left( \left| \left| AX + XB \right| \right| + \left| \left| A^\mu X B^{1-\mu} + A^{1-\mu} X B^\mu \right| \right| \right) \\
& \leq \left| \left| AX + XB \right| \right|.
\end{aligned}$$

### 3. Results and discussion

By refining the Hermite-Hadamard Integral Inequality, we get a new refined Heinz Inequalities of matrices.

Can we add a parameter to get a family of refined Heinz Inequalities of matrices as [7] and [1]? We are going to consider this case in next papers.

#### 4. Conclusion

Xue [7], Abbas and Mourad [1] have generalized the results of [3, 6, 8]. In a different way, this paper gives a new generalization of Heinz Inequalities for matrices.

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